

08.30 - 09.00	Registration & Access to slope for Ski Test Opens		
09.00 - 09.15	Introduction for all		
09.15 - 10.45	Programme Development Talk	Warm Ups, Preparation, Training Fundamentals & Inspection	
10.45 - 11.15	Break for all		
11.30 - 13.00	Ian Findlay	Using Freestyle to develop better skiers - James Webb	Agility Training for Athletes
13.00 - 13.45	Lunch Break for all		
14.00 - 15.30	Tuning & Equipment - Basics	Tuning & Equipment - Advanced	Course Combination Variations
15.30 - 16.00	Break for all		
16.15 - 17.45	Paddy Mortimor Performance Pathways Talk	Pro Dual Slalom, SL Challenge Sessions	Freestyle for All - James Webb
18.00 -	Conclusions & Option for free skiing		